



# FLORIDA TRIPLE THREAT ALL-STARS

Try-Out #: \_\_\_\_\_

Where CHAMPIONS Train

Athlete Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_

	<b><u>Beginner</u></b>	<b><u>Intermediate</u></b>	<b><u>Advanced</u></b>
<b>LEVEL 1</b>	<input type="radio"/> Forward Roll <input type="radio"/> Backward Roll <input type="radio"/> Cartwheel <input type="radio"/> Round Off	<input type="radio"/> Jumps to Forward Roll <input type="radio"/> Jumps to Backward Roll <input type="radio"/> Bridge Kick Over <input type="radio"/> Back Walkover	<input type="radio"/> Front Walkover <input type="radio"/> Back Walkover Series <input type="radio"/> Specialty Series <input type="radio"/> Back Extension Roll
<b>LEVEL 2</b>	<input type="radio"/> Standing BHS <input type="radio"/> Jumps pause BHS <input type="radio"/> Round Off BHS <input type="radio"/> Front Handspring	<input type="radio"/> BHS Pause BHS <input type="radio"/> Backwalkover BHS <input type="radio"/> Round Off BHS Series <input type="radio"/> Front Bounder	<input type="radio"/> FWO Roundoff BHS Series <input type="radio"/> Specialty Series <input type="radio"/> Front Bounder Step Out <input type="radio"/> Front Handspring Bounder
<b>LEVEL 3</b>	<input type="radio"/> Standing 2 BHS <input type="radio"/> Jumps to BHS <input type="radio"/> Roundoff Tuck <input type="radio"/> Ariel <input type="radio"/> Roundoff BHS Tuck	<input type="radio"/> Standing 3 BHS <input type="radio"/> 3 Jumps to 2 BHS <input type="radio"/> FO RO BHS Tuck <input type="radio"/> Punch Front	<input type="radio"/> Jump BHS Jump BHS <input type="radio"/> Jump BHS Step Out RO BHS Tuck <input type="radio"/> FWO Ro BHS Step Out RO BHS Tuck <input type="radio"/> Punch Front Pause RO BHS Tuck
<b>LEVEL 4</b>	<input type="radio"/> Standing Tuck <input type="radio"/> Front Ariel <input type="radio"/> Standing BHS Tuck <input type="radio"/> Jump to BHS Tuck <input type="radio"/> Roundoff BHS Layout	<input type="radio"/> 3 Jumps to BHS Tuck <input type="radio"/> Onodi <input type="radio"/> 3 Jumps Pause Tuck <input type="radio"/> Fwo RO BHS Layout <input type="radio"/> Front Handspring Front	<input type="radio"/> Punchfront Front RO BHS Layout <input type="radio"/> Front layout <input type="radio"/> RO Whip BHS Layout <input type="radio"/> RO Whip Punch Layout
<b>LEVEL 5</b>	<input type="radio"/> Jumps to Tuck <input type="radio"/> Roundoff BHS Full <input type="radio"/> FWO RO BHS Full	<input type="radio"/> Stand BHS Layout <input type="radio"/> RO Whip 2 BHS Full	<input type="radio"/> Jumps to BHS Layout <input type="radio"/> BHS Whip BHS Layout
<b>LEVEL 6</b>	<input type="radio"/> 3 BHS Full <input type="radio"/> 2 BHS Full <input type="radio"/> Jump 2 BHS Full <input type="radio"/> Cartwheel Full	<input type="radio"/> Standing BHS Full <input type="radio"/> Standing Full <input type="radio"/> Arabian to Full <input type="radio"/> RO BHS Double Full	<input type="radio"/> Jump to Standing Full <input type="radio"/> BHS Series to Double Full <input type="radio"/> Standing Specialty to Double Full <input type="radio"/> Running Specialty to Double Full

Staff Only Below Line

Picture of child:

Comments: